



Title: Student Behavioral Health Assistance Program

Effective Date: June 1, 2021

Applies to: Students

Statement: Students have access to the OPTUM Employee Assistance Program (EAP) benefit.

Purpose: To provide all WesternU students access to behavioral health services in all 50 states, 24 hours a day, 365 days per year.

Related Information: In an effort to respond to the needs of our students, the University has developed a student assistance program, which provides confidential psychological counseling services for students and their families. This service is provided by OPTUM and assists students with life challenges such as personal, marital, family, stress, financial and legal issues. The service is available 24 hours a day, 365 days per year from any location in the United States and is accessible through the phone or website. There are OPTUM providers that provide one-on-one counseling for students on both the Pomona, CA and Lebanon, OR campuses.

Eligible parties to access this benefit are matriculated, full

